

*Dena Amara*

*Planning & Community  
Service Liaison*



What people appreciate about me

*I am...*

**LISTENER**

**Helpful**

**Empathetic**

**Calm**

And I can keep a secret!

What is important to me

To always foster relationships and bring people together  
To impact those around me  
To continue learning and developing personally and professionally  
To be where I am needed and I belong

My likes...

Spending time with  
family & friends  
Traveling  
Max my rabbit  
Learning new things  
Movies

My dislikes...

Balloon popping  
Cockroaches  
Discrimination  
Hostile environments  
Being late  
Lack of rational

Best ways to support me at work

**Be clear with what you need**  
**Be understanding**  
**Be respectful**  
And always keep me informed